



RUDIMENTAL SYSTEMS

NINE STROKE ROLL - BEGINNER



R R L L R R L L R
L L R R L L R R L

1)

R R L L R R L L R

2)

R R L L R R L L R L R L

3)

R R L L R R L L R

4)

R R L L R R L L R L R L

5)

R R L L R R L L R R L R L

6)

L L R R L L R R L R L R L