



# RUDIMENTAL APPLICATIONS

## SEVEN STROKE ROLL - BEGINNER



R R L L R R L R R L L R R L  
L L R R L L R L L R R L L R

1)

R R L L R R L R R L L R R L

2)

R R L L R R L R R L L R R L

3)

R R L L R R L

4)

R R L L R R L R R L L R R L

5)

R R L L R R L R R L L R R L

6)

L L R R L L R L L R R L L R