

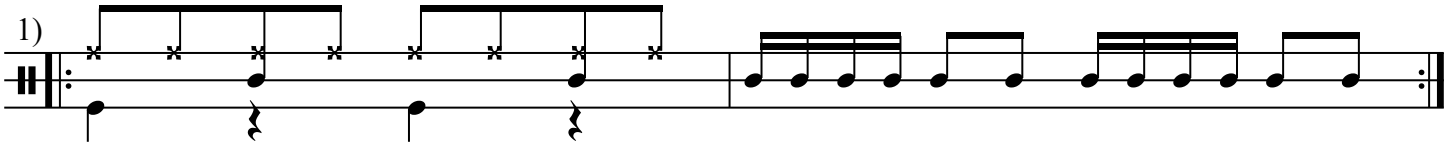


RUDIMENTAL SYSTEMS

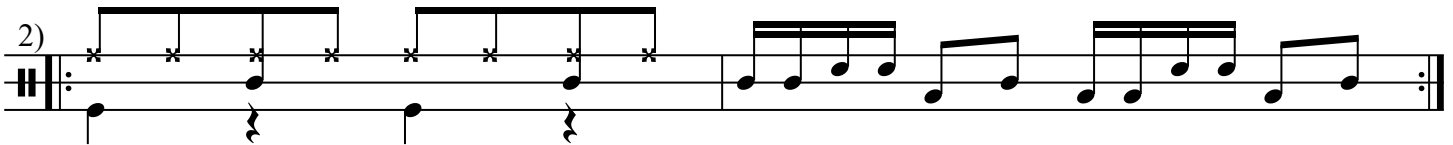
SIX STROKE ROLL (FIRST POSITION) - BEGINNER



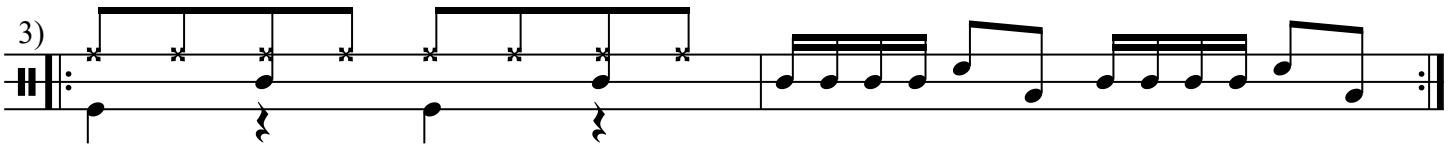
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 L L R R L R L L R R L R



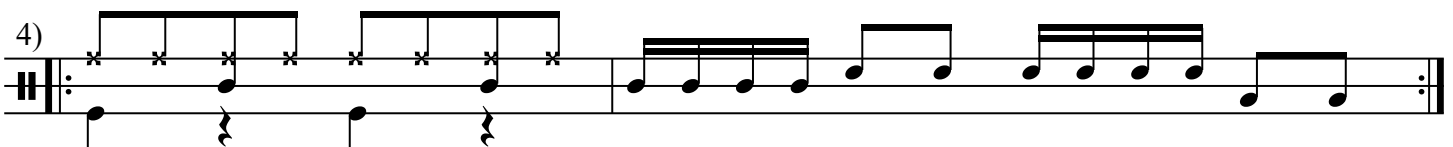
R R L L R L R R L L R L



R R L L R L R R L L R L



L L R R L R L L R R L R



R R L L R L R R L L R L