



FRENCH GRIP CHECKLIST RIDE CYMBAL TECHNIQUE



THUMB UP APPROACH. THE FULCRUM IS FOUND BETWEEN YOUR THUMB AND INDEX FINGER

THE THUMB NAIL SHOULD BE POINTING TO THE TIP OF THE STICK IN DOWN POSITION

WRAP FINGERS AROUND THE STICK

TO OPTIMIZE YOUR LEVERAGE PLACE THE BUTT-END OF THE STICK SLIGHTLY BELOW THE MIDDLE OF THE WRIST

LET YOUR ELBOW AND SHOULDER HANG COMFORTABLY AT YOUR SIDE

PICK UP THE STICK USING YOUR WRIST - ALLOW YOUR FINGERS TO OPEN - THIS WILL RESULT IN THE BUTT-END OF THE DRUMSTICK TO MOVE AWAY FROM YOUR PALM.

PLAY EACH STROKE BY CLOSING YOUR FINGERS ALLOWING THE STICK TO MAKE CONTACT WITH THE CYMBAL

LET'S PRACTICE PLAYING QUARTER NOTES ON THE RIDE CYMBAL. WATCH YOUR TECHNIQUE

